

感恩三寶

Seeking the **Three Treasure Boxes** of Thanksgiving



# 1 Thessalonians 5:16-18

## 帖撒羅尼迦前書 5:16-18

- **16** 要常常 **喜樂**，**17** 不住的 **禱告**，
- **18** 凡事 **謝恩**；因為這是神在基督耶穌裡向你們所定的 **旨意**。
- **16 Rejoice always, 17 pray without ceasing, 18 give thanks in all circumstances; for this is the will of God in Christ Jesus for you.**

1 Tim 4:8

提摩太前書 4:8

- 8 操練身體，益處還少；惟獨敬虔，凡事都有益處，因有今生和來生的應許。
- 8 for while **bodily training** is of some value, **godliness** is of value in every way, as it holds promise for the **present life** and also for the **life to come**.



1. 感恩節  
第一寶：  
常常喜樂  
**First Treasure  
Box:  
Rejoice Always**

2. 感恩節  
第二寶：  
不住地禱告  
Second  
Treasure Box:  
Pray  
Unceasingly



### 3. 感恩節第三寶：凡事謝恩

Third Treasure Box: Give Thanks in All Circumstances



#### 4. 感恩三寶與"操練敬虔知足"的關係

**How the Three Thanksgiving Treasure Boxes enhance our practice of Godliness and Contentment**

**Godliness  
with  
Contentment  
is Great  
Gain**



1 Tim 4:8

提摩太前書 4:8

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- 8 for while **bodily training** is of some value, **godliness** is of value in every way, as it holds promise for the **present life** and also for the **life to come**.